



**LUNA**  
FITNESS CLUB

## Group Fitness Winter Schedule

735 William T. Morrissey Blvd.  
Boston, MA 02122  
Telephone: 617.265.1994  
[www.lunafitnessclub.com](http://www.lunafitnessclub.com)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6:00 AM</b> Group Training <b>Leila</b> **Paid Class		<b>6:00 AM</b> Group Training <b>Leila</b> **Paid Class		<b>6:00 AM</b> Group Training <b>Leila</b> **Paid Class	<b>8:30 AM</b> Butts & Gutts <b>Olga / Leila</b>	<b>9:30 AM</b>  <b>ZUMBA</b> Alcina
					<b>9:30 AM</b>  <b>ZUMBA</b> Gilda / Jonathan	<b>10:30 AM</b> Yoga <b>Adam</b>
<b>5:30 PM</b> Group Training <b>Leila</b> **Paid Class			<b>5:30 PM</b> Group Training <b>Leila</b> **Paid Class			
<b>6:00 PM</b> Total Body Blast <b>Olga</b>	<b>6:00 PM</b> Kickboxing <b>Olga</b>	<b>6:00 PM</b> Tabata + Abs <b>Olga</b>	<b>6:00 PM</b> Pilates/Barre <b>Catherine</b>	<b>6PM – 9PM</b> Kids Dance <b>Leta</b>	<b>11AM – 5PM</b> Kids Dance <b>Leta</b>	
<b>7:00 PM</b> Zumba <b>Andrea</b>	<b>7PM – 8PM</b> Kids Dance <b>Leta</b>	<b>7:00 PM</b> Zumba <b>Jonathan</b>	<b>7:00 PM</b> Yoga <b>Adam</b>		<b>CLUB HOURS</b> <b>Monday - Thursday</b> 5:30 a.m. - 9:00 p.m.  <b>Friday:</b> 5:30 a.m. - 8:00 p.m. <b>Saturday:</b> 8:00 a.m. - 3:00 p.m. <b>Sunday:</b> 8:00 a.m. - 1:00 p.m.	
	<b>7:00 PM</b> Cycle <b>Sarah</b>		<b>6:00 PM</b> Cycle <b>Olga</b>			

**\*Please Note:** Schedule and class instructors are subject to change without notice. **\*\*Separate fee for the following classes.**