



LUNA
FITNESS CLUB

Group Fitness Winter Schedule

Effective December 17th, 2018

735 William T. Morrissey Blvd.
Boston, MA 02122
Telephone: 617.265.1994
www.lunafitnessclub.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:30 a.m. Total Body Blast Olga		9:30 a.m. Total Body Blast Olga		8:30 a.m. Butts & Gutts Jah / Leila	9:30 a.m.  Shaunice
					9:30 a.m.  Gilda / Jonathan	
						11:00 a.m. MMA** Mekter
6:00 p.m. Total Body Blast Olga	6:00 p.m. Core De Force Stacey	6:00 p.m. Tabata + Abs Olga	6:00 p.m. Pilates Catherine		11:00 a.m. Socatology Jah	12:00 p.m. Self Defense** Mekter
7:00 p.m. Zumba Andrea		7:00 p.m. Zumba Jonathan	7:00 p.m. Socatology Jah		CLUB HOURS Monday - Thursday 5:30 a.m. - 9:00 p.m. Friday: 5:30 a.m. - 8:00 p.m. Saturday: 8:00 a.m. - 3:00 p.m. Sunday: 8:00 a.m. - 1:00 p.m.	
	7:00 p.m. Cycle Sarah		7:00 p.m. Cycle Ayesha			

*Please Note: Schedule and class instructors are subject to change without notice. **Separate fee for the following classes.