





# Group Fitness Schedule

735 William T. Morrissey Blvd.  
 Dorchester, MA 02122  
 (617) 265-1994 (857) 928-4445  
[www.lunafitnessclub.com](http://www.lunafitnessclub.com)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					9:30 AM  Jonathan	
						10:00 AM <b>Dance Sweat Meditate</b> Michelle
6:00 PM <b>Cycle</b> Olga	6:00 PM  Andrea	6:00 PM <b>Total Body Blast</b> Olga	6:00 PM <b>Yoga</b> Adam			
7:00 PM <b>Riddin &amp; Waist</b> Narissa		7:00 PM <b>Dance Sweat Meditate</b> Michelle				
					<b>CLUB HOURS</b>  <b>Monday – Thursday</b> 6:00 am – 8:00 pm  <b>Friday:</b> 6:00 am – 7:00 pm <b>Saturday:</b> 8:00 am – 4:00 pm <b>Sunday:</b> 9:00 am – 12:00 pm	

**Please Note:** Schedule and class instructors are subject to change without notice.